

# HEALTH PREVENTION IN A NORWEGIAN SCHOOL – PREVENTING/REDUCING HEALTH RISKS FOR CHILDREN AND YOUNG PEOPLE IN THE CONTEXT OF THE DISEASES OF CIVILISATION

## PSYKISK HELSE OG TRIVSEL I FOLKEHELSEARBEIDET

The social part of sustainable development has received the least attention. Social sustainability is about ensuring that all people have a good and fair basis for a decent life. Human rights are the most important starting point for this.

## PSYKISK HELSE OG TRIVSEL I FOLKEHELSEARBEIDET

Mental health is more than the absence of symptoms and ailment

How do environmental factors affect mental health and well-being?

- Mastery conditions
- School
- Local environment
- Culture, leisure and volunteering

- Dealing with consequences or risk?

## LØRENSKOG KOMMUNE

- Psychosocial crisis team
- Preventive mental health
- Lifestyle change for family
- Interdisciplinary collaboration system
- «News» in mental health

- Child and youth professional meeting
- Health station for young people
- Better help for young people who are struggling psychologically?
- Outdoor contact
- Child and family protection
- Educational psychological office



- Forsiden
- Arkiv
- Biblioteket
- Faglenker
- Informasjon
- Nettbrett
- Planer
- SFO
- Skolemiljø
- Råd/utvalg
- FAU
- Ansatte
- Klasser

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Kontakt skjema  
Kart  
Flyfoto

**Nye Fjellhamar skole**  
Prosjektside

**Nyttige skjema:**  
Avtale om medisinerings av barn



### Foreldrepulsen

#### «Yes, I can!» -engelsk i hverdagen

Engelsk er et verdensspråk. Norske barn og unge møter engelsk i mange sammen-henger, og det har en sentral plass i skolen. **Hvordan kan foreldre bidra til å forbedre barnas engelskferdigheter?**

Les mer » 18.11.2020



- Trivselsledere
- Info om TL-prosjektet
- Støtteinstanser til skolen
- APO-skolen
- Barneverntjenesten
- BUP-Barne- og Ungdomspsykiatriske Poliklinikk
- Pedagogisk psykologisk kontor
- PMTO
- Psykososialt oppfølgingsteam
- Skolehelsetjenesten
- SMV - skolemiljøverkstedet
- Sosial handlingsplan
- Sosiallærer
- Sosialpedagogisk team
- Tverrfaglig samarbeid

## Circle of security



## WORKSHOP

Get an overview of your own municipality

- What offers does the municipality have?
- Who do we work with?
- In which cases is the collaboration established?

Get an overview of your own school

- What resources do we have?
- Social worker, resource persons, etc.
- What common attitudes and programs do we have for getting a school?
- How do they work?

How can our school ensure that pupils feel safe?